

# 16 Days of Activism against Gender-Based Violence

This year's theme is: [Invest to prevent violence against women and girls](#)

We want to promote healthy relationships and support for all children, young people, women and men in our communities – this includes victims of domestic abuse and those wanting to change their behaviour who may be abusive to one or more members of their families.

## About this campaign

This campaign was started by activists with the creation of the Women's Global Leadership Institute in 1991. It is now promoted around the world to call for the prevention and ending of violence against women and girls every year.  
*(UN Women, 2023)*



## FREE SUPPORT AVAILABLE

Translators available!

### Respect

Respect offers information, advice, and support to people who feel they may be abusing and worried about their behaviour. Anonymous, free and confidential help is available for you or a member of your family. Chat online – Webchat service available on Tuesdays and Thursdays 10am-4pm. Call for free on 0808 802 4040 (Monday – Friday 9am-5pm) Email [info@respectphoneline.org.uk](mailto:info@respectphoneline.org.uk).

### childline

ONLINE, ON THE PHONE, ANYTIME  
[childline.org.uk](http://childline.org.uk) | 0800 1111

For Birmingham children wanting to access support, trusted adults at school and Childline offer the best direct access to support Contacting Childline | [Childline](#)

Call on 0800 1111 or chat online at [www.childline.org.uk/get-support/contacting-childline/](http://www.childline.org.uk/get-support/contacting-childline/)

### NSPCC

NSPCC have some great resources on How to Protect Children From Domestic Abuse | NSPCC

Contact the Helpline by calling 0808 800 5000 or emailing [help@NSPCC.org.uk](mailto:help@NSPCC.org.uk)



Birmingham City Council's website details a wide range of support for victims of abuse across the city Other help and support | Domestic abuse advice | Birmingham City Council Visit the website <https://www.birmingham.gov.uk>

